



CPR-AED Course Standard First Aid Course



This course is designed to provide participants with knowledge and skills to provide essential first aid and provide help to an injured person in times of need. You will never know when you need these skills to save a life.

If you are a Coach registered under National Registry of Coaches (NROC), American Council on Exercise (ACE) Certified Personal Trainer or from other fitness organization, it is important to be equipped with important life skills. Certification lasts for 2 years and renewal is required every 2 years.

	CPR-AED Course	Standard First Aid Course (includes CPR-AED)
Course Duration	4 hours over a day	8 hours over a day
	9am-1pm	9am-6pm
Course Date (Next Intake)	28 Dec 2019 (Sat)	28 Dec 2019 (Sat)
Course Fees (Inclusive of 7% GST)	\$95.00	\$150.00
Registration Deadline	18 Dec 2019 (Wed)	18 Dec 2019 (Wed)
Venue	International Sports Academy	
	1 Stadium Place, Kallang Wave Mall, #01-11, Singapore 397628	

Both CPR-AED and Standard First Aid Course are conducted by MHI Training Pte Ltd, an accredited training provider by Singapore Resuscitation and First Aid Council (SRFAC) and Singapore Resuscitation Council (NRC) for National Registry of Coaches (NROC) and Sports Singapore (SportsSG).





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What is the ISA Continuing Education Series?

A series of short, focused courses that breaks down complicated sports and exercise science concepts into easy-to-digest programmes, allowing you to get a good foundational knowledge and understanding in specific areas of sports and fitness.

Who Should Attend?

Anyone! Whether you just want to learn more about fitness for your personal knowledge, or you are a trainer who is looking to increase your skillsets and marketability, our Continuing Education courses are suitable for just about anyone.

The ISA Advantage

ISA has been a trusted name in sports and fitness training and education in Singapore since 2003. We seek to be the thought leader by bringing together local and international experts with diverse expertise from across the industry, to seek collaborative solutions to Singapore's and the region's problems relating to health, fitness and sports.

In pursuit of our mission, we offer a full range of academic programmes, professional certifications, and short continuing education courses, each tailored to suit your varied needs and objectives.

- Appointed Education Partner and Approved Provider in Singapore by the American Council on Exercise (ACE).
- Endorsed by leading industry employers such as Virgin Active, True Fitness, the Pure Group, Triple Fit, WAKO Singapore, Singapore Federation of Bodybuilding and Fitness among others.
- Provides early industry exposure and job placement assistance through extensive industry network.
- Offers professional certification courses for increasing your skillsets.













